

2011 Guides and Affirmations: Channeled by Diana Dorell

Suggestion: Say each Affirmation 3X/day for 30 days with intention and purpose in mirror.

For Courage: Archangel Michael



“Thank you Michael. Today, I choose courage and am shown the path that Spirit leads me to for my Highest and Greatest Good.”

Color to visualize: Royal Blue

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For Grace: Archangel Haniel



“Beloved Haniel, I see grace in all areas of my life and free myself now of lower energies and vibrations in all directions.”

Colors to visualize: Baby Blue/Mother of Pearl

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For Freedom: Goddess Kali-Ma



“I allow the old to leave my life and I open space in my heart and Spirit for new opportunities and adventures.”

Color to visualize: Crimson Red

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For Personal Quest/Power: Goddess White Buffalo Calf Woman



“It is safe for me to speak my truth with the Highest Intention and I give myself full permission to be ME in all expressions.”

Color to visualize: White

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